

Holy Eucharist
Sunday March 6 at 10:00 am
The First Sunday in Lent
St. Mary's la Prairie
36 2nd St. S.W. Portage la Prairie
204-857-3931 - stmarys1@shaw.ca
<https://stmaryslaprairie.ca>

We acknowledge that we meet on Treaty 1 Land, the traditional land of the Anishinaabe, Cree and Dakota people and the homeland of the Metis Nation. We are grateful for their stewardship of this land and their hospitality which allows us to live, work and serve God the Creator here

The community is called to attend to the presence of God by a tone from the sounding bowl.

The Gathering of the Community BAS p. 216

Presider The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

People **And also with you.**

Presider Bless the Lord who forgives all our sins

People **God's mercy endures for ever.**

Presider Almighty God,

People **to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. Amen**

Confession and Absolution BAS p. 217

Presider Dear friends in Christ,
God is steadfast in love and infinite in mercy;
he welcomes sinners
and invites them to his table.
Let us confess our sins,
confident in God's forgiveness.

Silence is kept.

Presider Most merciful God,
People **we confess that we have sinned
against you in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Presider Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

People **Amen.**

Trisagion (Sung)

**Holy God,
Holy and mighty,
Holy immortal one,
have mercy on us.**

The Collect

God of the wilderness,
your Spirit leads us to face the truth,
unprotected and exposed:
in our times of trial
help us to resist
the worship of empty power,
so that we may find our true food
in Jesus Christ, the broken bread. Amen.

Deuteronomy 26:1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The Word of the Lord.
People. Thanks be to God.

Psalm 91:1-2, 9-16

Refrain (Sung)

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

2 He shall say to the Lord,
"You are my refuge and my stronghold, *
my God in whom I put my trust."

Refrain (Sung)

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

9 Because you have made the Lord your refuge, *
and the Most High your habitation.

10 There shall no evil happen to you, *
neither shall any plague come near your dwelling.

Refrain (Sung)

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

11 For he shall give his angels charge over you, *
to keep you in all your ways.

12 They shall bear you in their hands, *
lest you dash your foot against a stone.

Refrain (Sung)

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent
under your feet.

14 Because he is bound to me in love, therefore will I deliver him; *
I will protect him, because he knows my name.

Refrain (Sung)

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honour.

16 With long life will I satisfy him, *
and show him my salvation.

Refrain (Sung)

**And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.**

Romans 10:8b-13

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all

who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Reader The Word of the Lord.

People. Thanks be to God.

The Proclamation of the Gospel

Reader The Lord be with you.

People And also with you.

634 Jesus, Remember Me

**Jesus, remember me
when you come into your kingdom. X2**

Reader The Holy Gospel of our Lord Jesus
Christ according to Luke

People **Glory to you, Lord Jesus Christ.**

Luke 4:1-13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, **2** where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. **3** The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." **4** Jesus answered him, "It is written, 'One does not live by bread alone.'"

5 Then the devil led him up and showed him in an instant all the kingdoms of the world. **6** And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. **7** If you, then, will worship me, it will all be yours." **8** Jesus answered him, "It is written,

'Worship the Lord your God,
and serve only him.'"

9 Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, **10** for it is written,

‘He will command his angels concerning you,
to protect you,’

11 and

‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’”

12 Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” **13** When the devil had finished every test, he departed from him until an opportune time.

Reader: The Gospel of Christ.

People: **Praise to you, Lord Jesus Christ.**

634 Jesus, Remember Me

**Jesus, remember me
when you come into your kingdom. X2**

Message

Prayers of the People

Everyone who calls on the name of the Lord shall be saved. Our generous God hears us when we pray; therefore let us pray, “Hear us, O God; **Save us, O God.**”

You know your Church, O God. You know that because of fear and greed, we are slow to offer the first fruits of our hearts. Forgive us and come quickly help us. Hear us, O God;

Save us, O God.

You know the hearts of mortals, O God. You know that we are prone to hatred and division. Yet, you make no distinctions, but only love. Help us to be more like you. Forgive us and come quickly to help us. Hear us, O God.

Save us, O God.

You know we are quick to exploit your creation, O God. You now we take the blessings of this life for granted. Forgive us and come quickly to help us. Hear us, O god.

Save us, O God.

You know our temptations, O God. You know we are not as strong as we think we are. Give us your strength. Hear us, O God.

Save us, O God.

You know our weaknesses, O God. You know we struggle in our pain; we suffer and experience trouble. Be with all those on our prayer list as we remember especially Jan and family, Anne Clairmont, Mason Clairmont, Vickie Donald, Linda Downing and Bev Towle in hospital. Come quickly to help us. Hear us, O God.

Save us, O God.

In you, O God, do we put our trust. We entrust to you our dead because you alone are our refuge and salvation. You alone are mighty to save. Hear us, O God.

Save us, O God.

O God, it is your will to hold both heaven and earth in a single peace. Let the design of your great love shine on the waste of our wraths and sorrows, and give peace to your Church, peace among nations, peace in our homes, and peace in our hearts and peace in the Ukraine; through your Son Jesus Christ our Lord. Amen.

Hymn 628 O Love, How Deep, How Broad

1 O love, how deep, how broad, how high!

It fills the heart with ecstasy,
that God, the Son of God, should take
our mortal form for mortals' sake

3 For us he was baptized and bore
his holy fast and hungered sore;
for us temptations sharp he knew;
for us the tempter overthrew.

7 To God whose boundless love has won
salvation for us through the Son,
to God the Father, glory be
both now and through eternity.

The offerings of the congregation may be placed in the alms basin as they enter the Church. At the conclusion of the offertory the sidespeople place the alms basin on the stand at the front of the church.

The celebrant will pray the prayer over the gifts appointed for the day.

Prayer over the Gifts

Celebrant Let us pray:

God our provider,
you have not fed us with bread alone,
but with words of grace and life.
Bless us and these your gifts,
which we receive from your bounty,
through Jesus Christ our Lord. Amen.

Eucharistic Prayer (Eucharistic Prayer #2 BAS p. 196)

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant We give you thanks and praise,
almighty God,
through your beloved Son, Jesus Christ,
our Saviour and Redeemer.
He is your living Word, through whom
you have created all things
By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.
He lived and died as one of us,
to reconcile us to you,
the Source and God of all.

In fulfillment of your will
he stretched out his hands in suffering,
to bring release to those who place their
hope in you;
and so he won for you a holy people.

He chose to bear our griefs and sorrows,
and to give up his life on the cross,
that he might shatter the chains of evil
and death, and banish the darkness
of sin and despair.
By his resurrection he brings us into
the light of your presence.

Now with all creation we raise our voices
to proclaim the glory of your name.

(Sung)
All

**Holy, holy, holy Lord,
God of power and might.
Holy, holy holy, Lord
God of power and might,
heaven and earth are full,
full of your glory.
Hosanna in the highest,
hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in. the highest
hosanna in the highest.**

Celebrant

Holy and gracious God,
accept our praise,
through your Son
our Saviour Jesus Christ;
who on the night he was handed over
to suffering and death,
took bread and gave you thanks,
saying, "Take, and eat:
this is my body which is broken for you."

In the same way he took the cup,
saying, "This is my blood
which is shed for you.
When you do this,
you do it in memory of me."

Remembering, therefore, his death
and resurrection,
we offer you this bread and this cup,
giving thanks that you have made us
worthy to stand in your presence
and serve you.

We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one
all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory
through your Servant, Jesus Christ.

All glory and honour are yours,
Creator and Redeemer,
with the Holy Spirit
in the holy Church,
now and for ever.

People

Amen.

The Lord's Prayer

Celebrant And now, as our Saviour Christ
has taught us, we are bold to say,
All **Our Father, who art in heaven,**
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread (#7 BAS p. 213)

Celebrant We break this bread
All **Communion in Christ's body once broken.**

Celebrant Let your Church be the wheat
which bears its fruit in dying.
All **If we have died with him,**
we shall live with him;
if we hold firm,
we shall reign with him.

*The congregation comes forward to retrieve a host, when all who wish
have a host, masks are removed*

The Celebrant says:

All The Body of Christ, the bread of heaven.
Thanks be to God

Then all consume their host. Once you have consumed the host please replace your mask.

The teaching of the Church is that the fullness of Christ is present in only one of the elements.

Prayer after Communion

Celebrant. Compassionate God,
you have fed us with the bread of heaven.
Sustain us in our Lenten pilgrimage;
may our fasting be hunger for justice;
our alms, a making of peace;
and our prayer, the song of grateful hearts;
through Jesus Christ, our Saviour and Lord. Amen.

Celebrant Glory to God,
All **whose power, working in us,**
can do infinitely more
than we can ask or imagine.
Glory to God
from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.

Blessing

Celebrant May the love of Jesus
draw us to himself;
May the power of Jesus
strengthen us in his service;
May the joy of Jesus
fill our souls.
May the blessing of God,
Source of all being,
eternal Word and Holy Spirit
be amongst you and
remain with you and those you love
now and always. Amen

Closing Hymn 486 Love Divine, All Loves Excelling

Love divine, all loves excelling,
joy of heaven to earth come down,
fix in us thy humble dwelling;
all thy faithful mercies crown.

Jesus, thou art all compassion;
pure, unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

Come, almighty to deliver;
let us all thy grace receive;
suddenly return, and never,
nevermore thy temples leave.

Thee we would be always blessing,
serve thee as thy hosts above,
pray and praise thee without ceasing,
glory in thy perfect love.

Finish, then, thy new creation;
pure and spotless let us be;
let us see thy great salvation
perfectly restored in thee,

changed from glory into glory,
till in heaven we take our place,
till we cast our crowns before thee,
lost in wonder, love and praise.

Dismissal

Celebrant Go in peace to love and serve the Lord.

All Thanks be to God.

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Announcements

A note on the prayer list

We will once more be including our prayer list. If there is someone on the list who should be removed please let me know. Likewise if you would like to add a name to the list please let me know. We will include five names from the list in our intercession each Sunday.

Prayer List

Bev Braden, Brad, Bob Calder, Erik, Jan and family, Anne Clairmont, Mason Clairmont, Vickie Donald, Linda Downing, Elaine, Gerald, Glenn, George, Bill Human, Jane Human, Rod Knott, Jackson, Jason, Jane, Jess, Julia, Jocelyn, Joe, Kelsey, Kirby, Myrtle Kenny, Fran Laakso, Malcolm, Maureen, Mavis, Michael Logan, Ivy Muir, Misty Potts, Phyllis Moar, Clive Morgan, Nori, Donna Pacholuk, Colten Pratt, Marcel Ricard, Rick, Marilyn Roteliuk, Jamie and Tryli Shorting, Scott, Eva Shewchuk, Sharon Skoropata, John Stairs, Bev Towle, Tammy and David and family, Mary Wildfang, Vicki

Next Sunday's readings Genesis 15:1-12, 17-18; Psalm 27, Philippians 3:17-4:1, Luke 13:31-35

The Thrift Shop has reopened Tuesday to Thursday from 10:30 am until 4 pm

Thank you to everyone who contributed to our Pancakeless Pancake Supper. We would still accepting donations! The pancake video can be seen here <https://youtu.be/X9o0hO4ToTg>

Walk for St. Mary's Update

Hello everyone,

The weather in February was not particularly conducive to walking, but we did our best.

Two days were just too icy for us, and we took four days out to go to Saskatchewan to help Emmett celebrate his 8th birthday, and watch both children play in their respective hockey teams. So we “lost” 6 days for walking.

February:

Alan: 104.4 miles.

Average for both of us:
104.21 miles.

Mary: 104.02 miles

Total miles walked in 2022:

Alan: 250.2 miles.

Average for both of us:
246.28

Mary: 242.37 miles.

Hopefully the weather in March will be better!

Mary Marsh.

The Primate's World Relief and Development Fund (PWRDF) is joining there partners in ACT Alliance a global alliance of over 145 Churches from 120 countries in providing humanitarian assistance to those who are refugees because of the war. You can read more about a part of their activities here <https://actalliance.org/act-news/hungarian-interchurch-aid-sets-up-refugee-support-point-at-the-ukrainian-border/> If you would like to support this work financially you can donate on the PWRDF website here <https://pwrdf.org/> use the button at the top of the page or include a Cheque payable to St. Mary's but marked for PWRDF Ukraine relief in one of the blue PWRDF envelopes included in your set of parish envelopes.